Profile 1: Olivia Turner - Congenital Heart Defects

Overview:

Olivia Turner, a 28-year-old graphic designer, has been living with congenital heart defects since birth. These structural abnormalities affect her heart's chambers and valves, presenting unique challenges.

Symptoms:

Cyanosis (bluish tint to the skin)

Fatigue and shortness of breath

Heart murmurs

Diagnosis:

Olivia's congenital heart defects were diagnosed through a combination of medical history reviews, imaging tests, and cardiac evaluations.

Treatment:

Medications:

Prescription medications to manage symptoms and improve heart function.

Lifestyle Changes:

Regular follow-ups with her cardiologist

Heart-healthy diet and exercise tailored to her condition